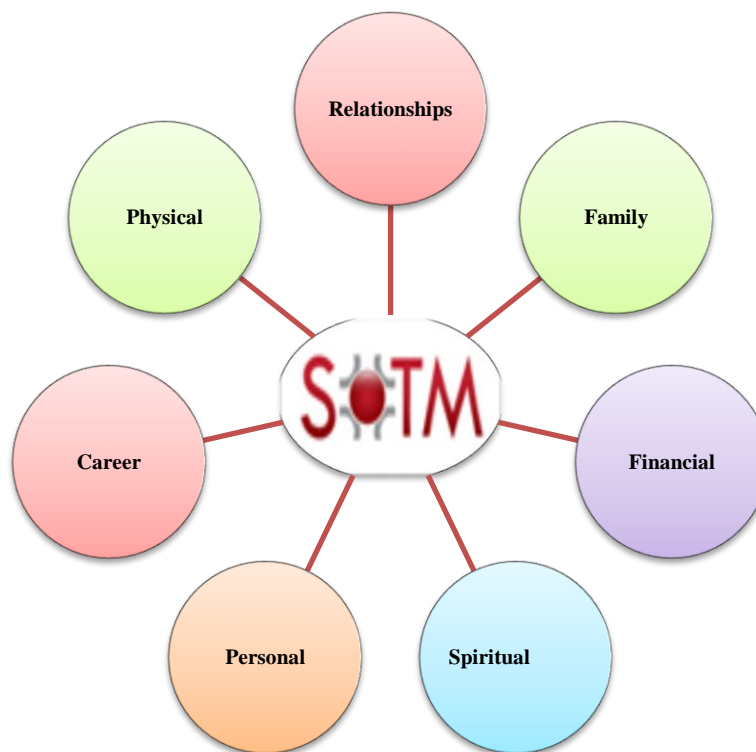


# ADULT LIFE SKILLS MENTORING GROUP



**Adult Life Skills Mentoring:** Helps individuals live more successfully and function better in their multiple roles as members of a family, community, and workforce. The concept is *based on developing balanced, self-determined behaviors and the problem-solving skills* necessary to successfully manage all aspects of life. It's using your life experiences to mentor others. Join us!



**Join us**

## WEEKLY LIFE SKILLS GROUP

Oct. 5 – Nov. 23, 2018 each Friday

Time: 6:30 p.m to 7:30 p.m. Cost: \$15

Location: 549 W. Wheatland Road

Duncanville TX 75116

For more information email: [life.skills@sotminc.com](mailto:life.skills@sotminc.com) or visit [www.sotminc.com](http://www.sotminc.com)

A Sponsored program of **SOTM, Inc.** – Supporting Others Through mentoring, a nonprofit mentoring organization providing life-skills coaching to individuals in the community since 1993.